

PERFORMANCE REVIEW FORM

Confirmation Review	Name: Nur Ain Solehah bt. Md. Luk Mi							
Contract Renewal Review	Employe		SLIM 227					
Promotion Review	Departme	ent :	Safety					
Others		ion :	Protege					
		Date Join:		2.5.2023				i.
ART B - RATING								
hese factors are key areas to determine		Appraisal		Rating			-	Assessor
e suitability of the Employee		Points	U/S	S	G	VG	os	Rating
1 Safety		10	2	4	6	2	10	80
2 Job Knowledge		10	2	4	6	3	10	20
3 Discipline / Punctuality / Timekeeping		20	4	8	12	16	9	
Quality of Work & Productivity	1 - 1	20	4	8	12	16	000	20
Security		10	2	4	6	8	3	10
Teamwork & Cooperation	- 1	10	2	4	3	4	0	100
7 Attendance Communication (Bahasa Malaysia & English)	11	5	4	2 2	3	4	0	35
Communication (Bahasa Malaysia & English) Interpersonal Relationship		5	1 1	2	3	1	5	14
0 Leadership		5	1 1	2	3	4	5	3
1 Planning and Organising		5		2	3	4	3	0554353
2 Decision Making		5		2	3	4	5	3
3 Effort and Initiative		5		2	3	4	3	5
4 Sense of Urgency		5	1 1	2	3	4	(5)	5
Total Appraisal Points		120			ng Point	3		ili p
NOTES:	, , , , , , , , , , , , , , , , , , , 		_	CENTA	GE OF		111	
. Appraisal Points are in multiples of 5. The highest is 20.			Overall F			-	120	X 100 =
 Appraisal Points for each Appraisal Factor is determined before the review is conducted. 			Total Ap	praisal F	oints		120	1
. Additional Appraisal Factors may be added to the above.		-	0					
Appraisal Factors that is Not Applicable (N/A) should be			107					
stated and Total Appraisal Points be adjusted accordingly.				LL RATI	NG LEV	EL (refer	below le	veij
		=	5					
		and the same of th						
DESCRIPTION		ANGE		LEVEL	Table of the			
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Objective

As a graduate of Universiti Malaysia Pahang with a Bachelor's degree in Occupational Safety and Health (Hons) and practical experience gained through internships, notably at Kawan Food Manufacturing Sdn Bhd, I am presently serving as a Safety and Health Executive Protege at Galaxy Aerospace (M) Sdn Bhd. Leveraging my knowledge of OSHA 1994, FMA 1967, CAD-19, and CAGM 1902, in conjunction with ISO 45001, I am enthusiastic about contributing my skills to ensure a safe and compliant work environment while continually enhancing my professional capabilities in the field of occupational safety and health.

Experience

SAFETY AND HEALTH EXECUTIVE PROTEGEE | GALAXY AEROSPACE (M) SDN BHD | MAY 2023 - PRESENT

- Perform periodic operational safety audits on SMS and facilities operated by the Company to ensure safety standards are being maintained and continually exercised. Such audits will normally be in the form of Safety Surveillance, Safety Internal Audit, and Workplace Inspection (WPI).
- Assist the manager in preparing documents for CAAM AMO and CAMO audits, as well as QA audits on SMS.
- Assist and conduct incident and accident investigations as assigned per company procedures.
- Assist and secretary of Safety Action Group for quarters 2, 3, and 4.
- Assist 15 Hazard Identification Risk Mitigation (HIRM) sessions, demonstrating expertise in identifying and mitigating potential risks to enhance workplace safety.
- Assist and monitor SMS files for every base/ department.
- Responsible for acknowledging receipt of safety reports and ensuring proper monitoring of safety reports sent via safer card.
- Assist the manager in the preparation and implementation of the company SMS (Safety Management System) manual per CAD 19 and CAGM 1902.
- Assist the manager in developing and creating a comprehensive safety manual aligned with ISO 45001 standards.
- Assist the manager in developing and creating a comprehensive HIRADC aligned with Department of Occupational and Health (DOSH) guidelines.
- Extract safety performance data monthly to drive continuous improvement and ensure adherence to safety indicators.
- Involve with the notification of MOR-related safety cases to CAAM as and when required as well as Crisis Management Meeting.
- Responsible for collecting and monitoring Workplace Inspection (WPI) data, entering necessary documents into the safety recording system for quarterly manager review and notification.
- Coordinate and monitor Covid-19 program.

- Assist in completing the closure of the safety risk mitigation report related to HIRM.
- Assist in providing safety-related information for dissemination via safety and company official announcements.
- Assist in developing, reviewing, and managing the implementation of the emergency response plan for every base.
- Assist all bases/ departments to ensure that the base assigned under him/her is prepared with their respective emergency response (ER) plans.
- Assist and coordinate in planning and conducting awareness briefings on ERP to ensure staff are adequately informed of the ERP and their roles during an emergency.
- A part of committee members, successfully driving the implementation of impactful safety programs, including engaging in talks on sexual harassment, organizing safety day events, and orchestrating a successful bowling tournament.
- Create and distribute concise safety awareness bulletins on topics such as safe lifting practices, outdoor activity precautions, and motorcycle safety tips, and emphasize the importance of Personal Protective Equipment (PPE).
- Carry out the above activities through effective teamwork with other staff members and perform such other relevant duties as assigned by the SMS Manager.

HSE TRAINEE| KAWAN FOOD MANUFACTURING SDN BHD| FEBRUARY 2020 - OCTOBER 2020

- Responsible for implementing and organizing a safety and health program. For example, HSE Alert for machinery, safety poster implementation, and program I SEE I ACT (I.C.I.A). As a result, the number of accidents per month gradually decreased.
- Assist SHO in OSHWA audit
- Assist the HOD in ensuring all approved policies, procedures, and practices are disseminated in a proper and timely manner throughout the department or company.
- Works closely with the HSE team for implementations of ISO45001:2018.
- Responsible for identifying unsafe acts, conditions, and hazards; Investigating root causes; and reporting to management.
- Conduct on-the-job training for the operator twice a week.
- Investigating causes of accidents and other unsafe conditions on the job site.
- Responsible for supervising and coordinating all activities involving the safety and health of the Engineering Department in line with the department's and the company's objectives and missions.
- Monitor the Fire Fighting Equipment (FFE) checklist for any purchase or service required.
- Assist with PPE distribution to the operator.
- Conduct safety induction for operators.
- Assist and conduct fire drills external and internal.

Education

MASTER OF SCIENCE OCCUPATIONAL SAFETY AND HEALTH | 2022-PRESENT | UNIVERSITI MALAYSIA PAHANG

• Major: Occupational Safety, Health and Environment Management System, Occupational Health and Hygiene Assessment Methods, Process Safety Management, Marine and Offshore Safety, Ergonomic and Human Factor Assessment Methods and Occupational Safety, Health and Environment Act.

BACHELOR OF OCCUPATIONAL SAFETY AND HEALTH(HONS) | 2016-2020 | UNIVERSITI MALAYSIA PAHANG | CGPA: 3.06

 Major: Occupational Safety & Health Legislation, Fire & Building Safety, Hazard Recognition & Risk Management, Environmental & Green Technology, Toxic & Hazardous Waste Management, and Accident & Investigation Management.

Related coursework: Wastewater Treatment & Technology

CERTIFICATE OF PURE SCIENCE | 2015-2016 | KELANTAN MATRICULATION COLLEGE

Major: Biology, Physic, Chemistry and Mathematics

Award

TOP 10 IN FINAL YEAR PROJECT PRESENTATION SEMESTER 1 2019/2020H

Faculty of Industrial Science & Technology, Universiti Malaysia Pahang

DEAN'S LIST (BACHELOR DEGREE) 2018/2019

Award recipient for semester 5, GPA: 3.56

Project

THE IMPLICATION OF PSYCHOSOCIAL SAFETY CLIMATE (PSC) ON OCCUPATIONAL BURNOUT AMONG ACADEMICIANS| MASTER PROJECT- PRESENT

• The purpose of this study is to investigate the relationship between Psychosocial Safety Climate (PSC) and occupational burnout among local academicians in the Pahang zone, specifically at Universiti Malaysia Pahang Al-Sultan Abdullah (UMPSA). The study aims to understand how perceived job performance, hindrance demands, and challenge demands influence PSC within the academic sector.

ERGONOMIC RISK FACTORS IN POLISHING PROCESS AND PREVALENCE OF MUSCULOSKELETAL DISORDER| MASTER PROJECT- PRESENT

The purpose of this study is to investigate ergonomic risk factors associated with the polishing process
and assess the prevalence of musculoskeletal disorders among individuals engaged in this activity. By
examining the ergonomic aspects of polishing, the study aims to identify potential factors contributing to
musculoskeletal disorders, providing insights for improved workplace safety and the development of
preventive measures.

DETECTION OF LEAD, COPPER, AND CADMIUM IN *CLARIAS GARIEPINUS* ON HUMAN HEALTH AT PAHANG | FINAL YEAR PROJECT

• The project focuses on identifying the presence of lead, copper, and cadmium in *Clarias gariepinus* and assessing the human health risk to consumers. The estimated daily intake for both groups was in increasing order: Cu > Pb > Cd. Meanwhile, the non-carcinogenic risk results for both groups revealed that Pb > Cu > Cd was in increasing order. However, the carcinogenic risk of lead (Pb) for adults and children exceeded the recommended standard set by USEPA 1998. This indicates that the consumption of this population poses a risk of developing cancer.

Skills & Abilities

TECHNICAL

Advance in Microsoft Office

- Advance in Canva
- Advance in Render Forest
- Intermediate IBM SPSS Statistic
- Intermediate ALOHA software
- Intermediate FILMORA software
- Intermediate BlackBox

SOFT SKILL

- Communication
- Leadership
- Time management

Languages

- Professional working proficiency in English
- Native fluent in Malay

Extra Activities

PARTICIPATED IN SMS INITIAL, SMS IMPLEMENTATION AND HUMAN FACTOR TRAINING | 2023

• Internal Training by Galaxy Aerospace (M) Sdn Bhd.

PARTICIPATED IN CIDB TRAINING PROGRAMME | 2021

CIDB Green Card Training by CIDB.

PARTICIPATED IN WEBINAR ENVIRONMENTAL MANAGEMENT SYSTEM | 2021

Environmental Management Systems ISO 14001:2015 by NIOSH.

PARTICIPATED IN WEBINAR INTRODUCTION TO FIRST AID | 2021

Basic overview of First Aid by Jayden OSH Resources Sdn Bhd.

PARTICIPATED IN A FINAL YEAR PROJECT PRESENTATION | 2019

Detection of lead, copper, and cadmium in Clarias gariepinus on human health at Pahang.

A TEAM LEADER TO CONDUCT A SIMULATION | 2018

Tabletop exercise for BCP.

PARTICIPATED IN THE SAFETY VIDEO COMPETITION | 2018

• Ergonomics issues at the workplace.

PARTICIPATED IN THE SITE VISIT AND FIRE TRAINING AT AKADEMIK BOMBA WAKAF TAPAI TERENGGANU | 2017

• ERT training with BOMBA.

VOLUNTEER | 2017

OSH Family Day.

Extra Information

- Availability: 2-week notice
- Possess own transport and driving license: Yes, D
- Willing to relocate: Yes

References

ACADEMIC SUPERVISOR:

- Dr. Hanida Binti Abdul Aziz
- hanidaaziz@ump.edu.my
- 0179619155