





SLIP, TRIP AND FALL

About 12% of all accepted injuries claims are from a slip or trip

It is estimated that 95% of all slips, trips and falls on the same level at work are serious incidents that result in broken bones

Slip and fall accidents are the primary cause of occupational injuries among older adults over the age of 55

COMMON CAUSES

Slippery Materials/ Surfaces



Unseen Steps, Platforms or Thresholds



Uneven Walking Surfaces



Inappropriate Footwear for Surfaces



Wrinkled Carpeting/ Loose Rugs or Mats



Obstructions







Exposed/Loose Cables, Wires or **Cords**



Clutter on Floor or Stairs

PREVENTIVE MEASURES

CLEAN up all spills and debris immediately



COVER/TAPE

down cords or

cables



MARK and IDENTIFY spills and wet areas



WALK with feet pointed outwards



KEEP walkways clear of clutter and other obstacles



DO NOT LET objects you are carrying/ pushing block your view





MAKE wide turns at corners **ENSURE** adequate lighting



SELECT and WEAR proper footwear:

USE appropriate non-slip footwear



KEEP shoes in good repair, clean and free from contaminants



SAFETY ALWAYS. "THINK SAFETY FIRST"

Galaxy Aerospace Malaysia



