

Galaxy Aerospace Safety Campaign 2023/2024

SAFETY PROCEDURES

WHILE DOING OUTSIDE ACTIVITY



CHECKS ARE TO BE CARRIED OUT BEFORE THE ACTIVITY

1. Check the number in the group and enquire about any medical problems.
2. Check the condition of the equipment to ensure that there is no sign of damage.
3. Check that all participants have suitable clothing and footwear.
4. First Aid Kit to be close at hand.

CHECKS ARE TO BE CARRIED OUT AFTER THE ACTIVITY

1. Conduct a headcount to ensure that all participants have returned safely from the activity.
2. Attend any participants who may have sustained minor injuries or discomfort during the activity.
3. Inspect all equipment used during the activity to ensure it is in good condition and safe for future use and any item used from the First Aid Kit must be replaced.
4. Encourage participants to rehydrate and rest after the activity, especially in hot weather conditions.

SAFETY GUIDELINES

INSTRUCTOR

1. Ensure that the participants are fully supervised at all times.
2. Ensure that the participants are fully aware of the possible hazards within the activity space.
3. Set out boundaries and stay within that area at all times.
4. All equipment must be locked away following each and every session.

PARTICIPANTS

1. Pay close attention to the instructor's briefing before the activity begins. They will explain the rules, procedures, and safety guidelines.
2. Avoid any reckless behavior or horseplay that could jeopardize your safety or that of others.
3. Clear the equipment away on completion of the session.



SAFETY ALWAYS.

" THINK SAFETY FIRST "

SCAN ME

STAY SAFE

WHILE DOING OUTSIDE ACTIVITY



ESSENTIAL SAFETY TIPS

BE ALERT

Follow the instructions given by the instructor promptly and accurately. This includes any specific actions, movements, or equipment usage.



FOOTWEAR AND CLOTHING

Dress comfortably that allows for a wide range of movement. Wear appropriate footwear that provides good traction and support for outdoor terrain.



EMERGENCY PREPAREDNESS

If you encounter any hazardous situations, alert the organizers immediately. Make sure first aid kits available in case of injury.



WEATHER AWARENESS

Be aware of the weather conditions for the day especially when it involves outdoor activities.



KNOW YOUR LIMITS

Participate according to your abilities. If you have any medical conditions, please inform the organizers in advance.



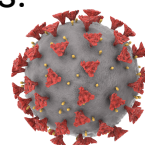
BUDDY SYSTEM

Use the buddy system to ensure everyone's safety. Pair up with a partner and stay together throughout the event. No one should be left alone.



COVID-19

If you feel unwell or display any COVID-19 symptoms, please do self-assessment. Follow local health guidelines regarding face mask and social distancing requirements.



SCAN ME

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